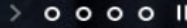




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## Youth Addictions Treatment and Prevention

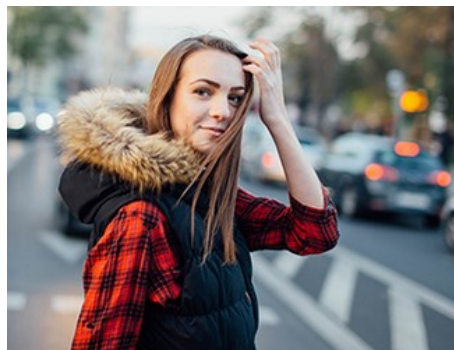
### InnerChange Investments in the BC Integrated Youth Services Initiative

Youth are the future of our province. Youth are also more vulnerable to addictions and concurrent mental health problems than any other age group. The InnerChange Foundation (ICF) is working to reduce the harm and risks of problematic substance use for youth, through its partnership work and funding of the BC Integrated Youth Services Initiative (BCIYSI).

Among its many services, the BC Integrated Youth Services Initiative includes efforts to help youth address, or avoid problematic substance use. This includes its stepped care model together with specific expertise and partnerships to ensure youth with or at risk of addictions get the right level of care, in ways that meet their unique needs, sooner rather than later. Turn the page to learn more about how this will happen →

#### Investing early:

- 70% of Canadian adults with chronic addictions and/ or mental health concerns first encountered this challenge before age 25.\*



**A new approach to help youth *before* their problems become chronic**

**Donate through InnerChange today and 100% of your donation will go directly to the BCIYSI with no administration fee. To donate, go to: <http://innerchangefoundation.org/join-us/>**

\* CAMH, [http://www.camh.ca/en/hospital/about\\_camh/newsroom/for\\_reporters/Pages/addictionmentalhealthstatistics.aspx](http://www.camh.ca/en/hospital/about_camh/newsroom/for_reporters/Pages/addictionmentalhealthstatistics.aspx)

## Addictions treatment and prevention through:

- Six centres, including Vancouver’s Granville Street Youth Clinic, and five new centres across BC (see front page map).
- A stepped care model which helps youth with addictions, other mental health challenges, and/or vulnerabilities get the care they need at the appropriate stage (see below).
- Ideally, youth progress through steps– but if in crisis they get the service that they need.
- Education on harms of opioid use, and on emergency overdose response (narcana/ naloxone usage).
- Partnerships at centres with addictions treatment experts and service providers, to ensure direct access for youth in need.
- Addictions treatment includes methadone and suboxone, as well as contingency management groups for youth.
- Prevention efforts through work to create a BC Public Health Strategy for youth and young adults. Strategy work will consider:
  - ⇒ Anticipating need for new prevention messaging in response to possible federal marijuana legalization
  - ⇒ Other harm-reduction efforts.

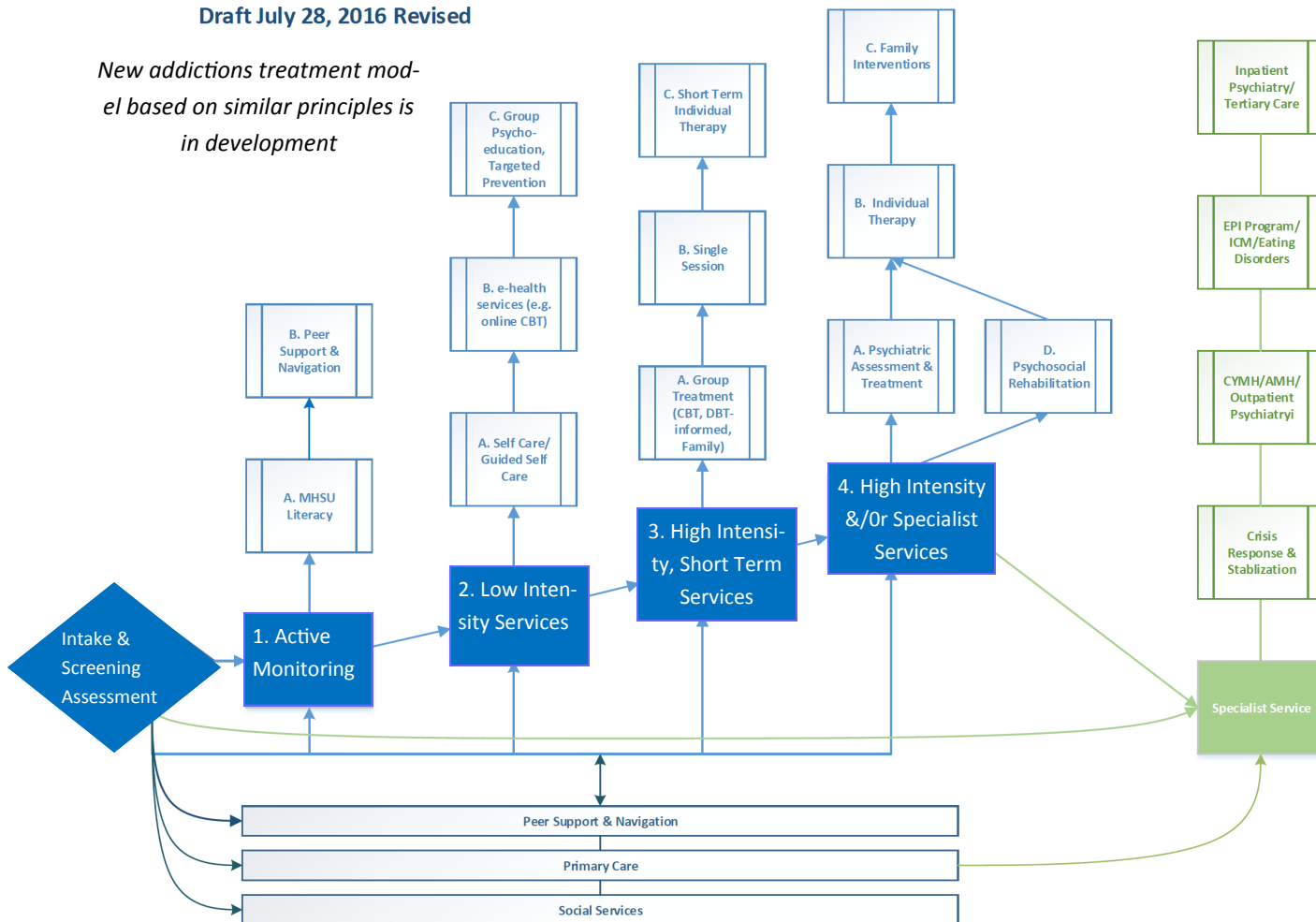


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An integrated partnership:	
BC Ministry of Health	\$3 Million + \$2.5 M/year for 3 years
InnerChange Foundation	\$1.5 Million
Graham Boeckh Foundation	\$1.5 Million
St. Paul’s Hospital Foundation	\$1.5 Million

### BC-IYSI Stepped Care Model (Stepped & Striated) Draft July 28, 2016 Revised

*New addictions treatment model based on similar principles is in development*



A new approach to help youth *before* their problems become chronic